



APPLICATION FOR MEMBERSHIP

PLEASE INCLUDE PAYMENT, EITHER IN FULL FOR YEAR OR 1st MONTH IF PAYING BY DIRECT DEBIT + JOINING FEE + PASSPORT SIZE PHOTOGRAPH WITH NAME ON REAR

ANNUAL MEMBERSHIP FEES FROM APRIL 1st 2009

	PLAYING (Tennis & Squash)		Gym		Playing and Gym	
	£ MONTHLY	£ MONTHLY	£ MONTHLY	£ MONTHLY	£ MONTHLY	£ MONTHLY
*Senior	215	25	360	35	440	42
*Husband/Wife	315	32	480	42	570	52
*Family (All Children 11 to 18)	340	35	510	47	590	57
Student (Full-time Education) + Under 25	150	17	n/a	n/a	220	25
** Junior (Under 19)	65	n/a	n/a	n/a	150	19
O.A.P. (Men 65 + Women 60 +)	140	18	n/a	n/a	220	25
Social (Single) £20 Husband/Wife £25						
Off Peak Health & Fitness only Monday to Friday 8am - 5pm					£220	28

CHILDREN UNDER 11 - FREE

*These rates are reduced by 50% for any senior member who resides outside a 20 mile radius of the club.
**It is a bye-law that a parent or guardian of the proposed junior member shall be a social or playing member.

Direct Debit payments available

**Joining fee for new members £20 JUNIORS / £40 ADULTS
Entitles one person to a free lesson in tennis or squash or a fitness assessment.**

Enclosed Fee £ _____ (Include Joining Fee)

Full Name _____
 Address _____
 Post Code _____
 Telephone No. _____ (Home) _____ (Business)
 Occupation _____ (Mobile)
 Date of Birth _____ / _____ / _____ Email: _____
 Membership Category _____ (Playing/Gym/Playing and Gym)

If applying for Husband/Wife or family membership please complete details below

Name of Spouse _____ Date of Birth _____ / _____ / _____ Male Female
 Children
 1 _____ / _____ / _____ Male Female
 2 _____ / _____ / _____ Male Female
 3 _____ / _____ / _____ Male Female
 4 _____ / _____ / _____ Male Female
 (Children aged 10 and under free) Please Tick

I apply for membership and agree to abide by the Club Rules and Regulations

ALL APPLICATIONS REQUIRE A PROPOSER AND SECONDER

Proposed (Committee Member) _____
 Seconded (Senior Member) _____
 (Please see manager in case of difficulty)

Signature _____ Date _____

Heaton Tennis & Squash Club

Heaton Tennis & Squash Club is a private, non profit making, members club. It is not controlled by any commercial interest and is run by an elected Committee with the assistance of full time managerial staff, part time staff and coaches. Formed in the early 1920's it was originally a tennis club but has expanded considerably, especially in the past twenty years. **The club prides itself on its warm, friendly atmosphere appealing to players and families of all ages and abilities**, with some of the best facilities in the North of England. The club has three indoor tennis courts, six outdoor tennis courts, seven squash courts, (including two glass backs) a 1300 square feet fully equipped gymnasium, fully licensed bar lounge, well equipped sports shop, a dining area with full restaurant facilities and changing accommodation including sauna's.

Tennis

The club has nine tennis courts, (three indoor & six outdoor) all surfaces are cushioned acrylic which gives a consistent medium bounce suitable for all standards, especially beginners. The club organises a number of teams in National, regional and local leagues for players of all standards and ages during the Summer months. For the more sociable player ladies mornings and social tennis evenings and tournaments are organised throughout the year. The qualified coaching staff can offer advice and tuition for players of all standards. For more details on coaching ring; Matt Mcturk 07711 181998

Squash

With seven squash courts, (including two glass backs) Heaton has some of the finest squash facilities in Yorkshire. The club organises a number of competitions throughout the year which cater for players of all ages and abilities. The Winter mini leagues and the very sociable Summer squash leagues are the backbone of the squash scene. The club is well represented in local and regional leagues and boasts an enviable record of success in recent years. The club coach can offer expert advice for the absolute beginner or the more serious player. For details on coaching ring; Simon Parke 07773 313952

Coaching

The club can offer tuition in both sports for players of **all standards and ages**, with special emphasis on juniors. The club has an excellent tennis and squash junior development programme which offer group coaching at various times. For those who prefer individual attention the coaching staff can offer one to one lessons. Whether you are an absolute beginner or a seasoned mature player the coaching staff will be capable of helping your game.

Health & Fitness

The club completed a new purpose built 1300 square feet Health & Fitness Suite in 1996. Offering state of the art, modern cardio vascular and weight training equipment the club provides fully qualified staff before embarking on any programme to ensure you train safely, within your limits and to help you achieve your objectives. The room offers very limited free weights and is not intended or designed to attract the serious body builder. Potential members should be made aware that there will be numerous times when the gym will be un-supervised.

Social Life

Heaton offer a varied and regular social calendar enabling members to meet new friends and to socialise in a relaxed and friendly atmosphere. A large lounge bar is the focal point for dinner dances, theme evenings, discos, live music and entertainment for all the family.

Catering & Functions

The club lounge can be booked by members for parties and functions. Birthdays, anniversaries or any celebration can be catered for. A full dining service is available offering snacks and meals from 10am-2.30pm & 5.30pm-9.30pm Monday to Friday (closed Tuesday evenings for food) and 10am-2pm Saturday.

Categories of membership

Membership is available for tennis, squash and health & fitness or any combination of these categories for individuals, husbands & wives, juniors and families. Corporate membership for companies is also available at a discount for five or more members. Prices for membership and court fees are available from reception.

Studio & Treatment

An exercise studio offering yoga, salsa dancing, free style dancing, karate, pilates, circuit training, cardiac rehabilitation and salsa dancing are also available. Physiotherapist, reflexologist and other types of medical treatment are also provided.

Membership is open to people of all ages and standards. Applicants for membership require sponsoring and seconding by existing members. In the event of difficulty please contact the club Manager.

How to Find Us

To Heaton Tennis & Squash Club from Junction 26 off the M62.

Proceed along the M606 to the roundabout, turn right at the roundabout following signs for Valley Parade and Salts Mill. Go straight across next roundabout and then turn left at the next one sign posted A650. Proceed straight over the next two roundabouts. Get in right lane for A650 at traffic lights. Straight through next few sets of traffic lights following A650. Travel along Canal Road past Dickinson caravans on your left and ACW garden centre, after approx. 200 yards past the garden centre branch off left to Frizinghall. Turn left at the top of the slope and proceed for ¼ mile to the traffic lights, turn right at lights, (get in left lane) and then **immediately** left past the Norman arch and up the hill for ¼ mile. **The club is situated at the top of the hill on the left side adjacent to St. Bedes school opposite Clarkes restaurant down road called Garth Barn Close.**

Travelling from Baildon, Shipley, Guiseley, Ilkley or Menston

Proceed towards Shipley down Hollins Hill towards the traffic lights at Foxes corner in Shipley. Proceed straight on at the lights towards Bradford. Go straight on at the next two sets of traffic lights until you come to a set of traffic lights next to the Branch public house, (on your right side) turn left. Proceed for approx. one mile until you come to another set of lights next to the Park public house, (on your right side) turn right up Emm Lane in front of the large stone Norman arch. Go up the then follow instruction as above.

From Keighley & Bingley

Proceed along the A650 until you come to the lights at Cottingley Bar, turn right. Proceed past the Sun public house on your left and up the hill at Cottingley cliff. After approx. one mile you arrive at some traffic lights proceed straight on, after passing the Hare & Hounds pub on your right take the left turn along Leylands Lane. Follow the road for approx. ½ mile until you go round a right hand bend the club is just after the bend apposite Clarke's restaurant on your left.